



Canolfan y Mynydd Du
Black Mountain Centre



ARIENNIR GAN Y LOTERI
LOTTERY FUNDED

The Black Mountain Centre
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SO MUCH MORE THAN JUST A COMMUNITY CENTRE.....

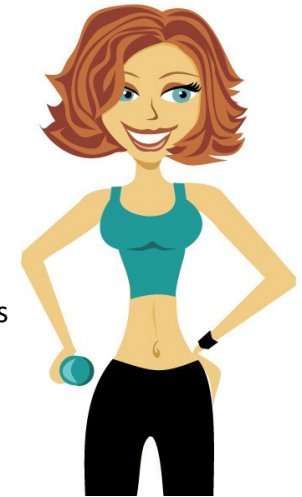
The Studio

At The Black Mountain Centre

The Black Mountain Centre has a new multi-purpose room that will be used to extend current health and wellbeing activities.

The Centre staff and trustees aim to provide a range of activities that meet the needs of the community.

If there are NEW classes or activities that you would like to attend at your local community centre, please get in touch with your ideas.



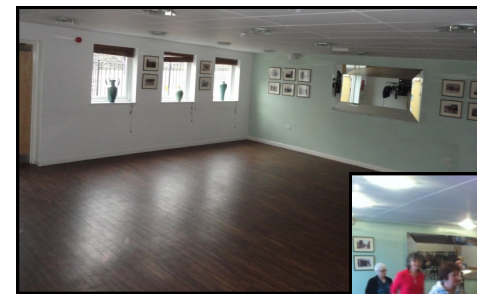
Contact us

Tel: 01269 823400

Email: enquiries@black-mountain.org.uk

Follow us on Facebook: The Black Mountain Centre.

Coming Soon - A range of keep fit classes for the whole family. See overleaf.



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Yng Nghanolfan y Mynydd Du

Y Stiwdio

What's on at the

Studio

Monday

5.30pm-6.30pm,
Galaxy Theatre Company

Tuesday

6.15pm—7.00pm, Zumba
7.15pm-8.00pm, Zumba

Wednesday

4.30pm - 6.30pm, Glee Club

Thursday

10am—12pm, Line Dancing
1pm—2pm, Keep fit for over 50's
5pm—7pm, Weight Watchers
7pm—8pm, Yoga

Friday

Beth sydd ymlaen yn y

Stiwdio

**Dydd
Llun**

5.30yp-6.30yh,
Cwmni Theatr Galaxy

**Dydd
Mawrth**

6.15yh—7.00yh, Zumba
7.15yh—8.00 yh, Zumba

**Dydd
Mercher**

4.30yp - 6.30yh, Clwb Glee

**Dydd
Iau**

10yb—12yp, Dawnsio Llinell
1yp—2yp, Cadw'n heini am 50+
5yp—7yh, Weight Watchers
7yh—8yh, Yoga

**Dydd
Gwener**